

2010 Summer Football Calendar

Keep this calendar in a prominent place.
Refer to this often

Understand that conditioning workouts are **mandatory!**
Inform your parents so they can make their vacation plans.
Physical forms are DUE on August 2.
If you do not have your physical form you will not be able to participate.
Physicals must be dated after April 15th.
No equipment will be issued to you on August 6th unless you have
attended all four conditioning workouts, your physical has been turned in,
your pay-to-play form and money are turned in.

June 21	Weight Room Opens Monday-Wednesday-Friday	9:00 – 10:30 AM 6:00 – 7:30 PM
July 4-9	Weight Room Closed	
July 12	Weight Room Reopens	
July 20	Passing League Practice	10:00 AM @ B.H.S.
July 21 & 26	Passing League @ Chelsea H.S.	5:30 PM
July 30	Last Weight Room Workout	
August 2	1 st Conditioning Workout Varsity and JV **Physical Forms Due**	5:00 – 7:30 PM
August 3-5	Conditioning Workouts	6:00 – 7:30 PM
August 7	LIFT-A-THON Equipment Issue	9:00 AM Seniors 9:30 AM Juniors 10:00 AM JV
August 9	Football Practice Begins Freshman Practice Begins	8:00 AM – 4:30 PM 3:00 PM – 6:30 PM
August 9-11	Football Practice Helmets V & JV	8:00 AM – 4:30 PM
August 12-13	Football Practice Full Pads V & JV	8:00 AM – 4:30 PM
August 16-18	Football Practice Full Pads	8:00 AM – 4:30 PM
August 19	3-Way Scrimmage Frosh, JV Varsity	@ Melvindale H.S. 4:00 PM 6:00 PM
August 20	Picture Day Varsity Scrimmage DVD	10:00 AM 9:00 AM
August 23	Game Week #1 Single Practices	TBA
August 26	J.V. vs Saline H.S.	Home
August 27	Game 1 vs Saline H.S.	Away