

March Newsletter

South Middle School
Michelle Baker–Herring, Principal
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Important Dates

- Conferences will take place on Wednesday, March 18 from 1:00—4:00 & 5:00—8:00
- Students will have a half day on March 18th and 19th. Dismissal time is at 11:36 a.m.
- No school for students on Friday, March 12.
- South Middle School and North Middle School will combine their choirs for a concert on Thursday, March 4 at 7:00 p.m. at Belleville High School
- South Middle School and North Middle School will have a combined 6th grade band concert on Tuesday, March 30 at 7:00 p.m. at North Middle School.
- The 3rd marking period ends on Friday, March 26.



Happy National Nutrition Month

Celebrate National Nutrition Month by coming to breakfast during National School Breakfast Week, March 8—12 by joining your friends before school in the cafeteria for a nutritional breakfast to jump start your day. Breakfast is a great way to fuel your body for a fun and educational filled day of learning in school. Healthy, well balanced meals throughout the day will also help keep the body fueled for activities throughout the day. Include dairy and whole grains in your daily diet to get all the necessary nutrients needed to build a strong body, bones, muscles, and all.

South Band Festival



South Middle School's 7th and 8th grade district band festival will take place on Friday, March 5 at Redford-Thurston High School. The 7th grade will perform at 9:10 a.m. and the 8th grade will perform at 10:20 a.m. Good luck South band members!

Stick to your beliefs—don't give in to parent peer pressure

Peer pressure is not just for children and teens. Parents fall victim to it, too. And when they do, they make it even easier for their children to go along with the crowd, usually for the worse.

To avoid giving in to parent peer pressure:

- **Listen to your instincts.** Are you completely comfortable with what your child is asking? If not, then say no. Or at least explore the matter further.
- **Call other parents.** Yes, your child will hate this. Too bad. "Everyone else's parents are letting them!" is a line children have been using for years. And yet it still

works on some parents who may have used the same line when they were children. Make a few phone calls and you will probably discover that everyone else's parents are not letting them.

- **Stand firm.** Once you make a decision that you are sure is right for your child and your family, stick with it. Your child won't admit it now, but there are few better models for a child than a parent who adheres to principles and values.

Source: David Walsh, *Why Do They Act That Way?* ISBN: 0-7432-6077-5 (Free Press, a division of Simon & Schuster, 1-800-223-2336, www.simonsays.com).

Worth Quoting

"It's easier to build strong children, then broken men."

—Fredrick Douglass

